

**1st UDINE ECMO meeting
18-19, December 2015**

ECMO for Kids

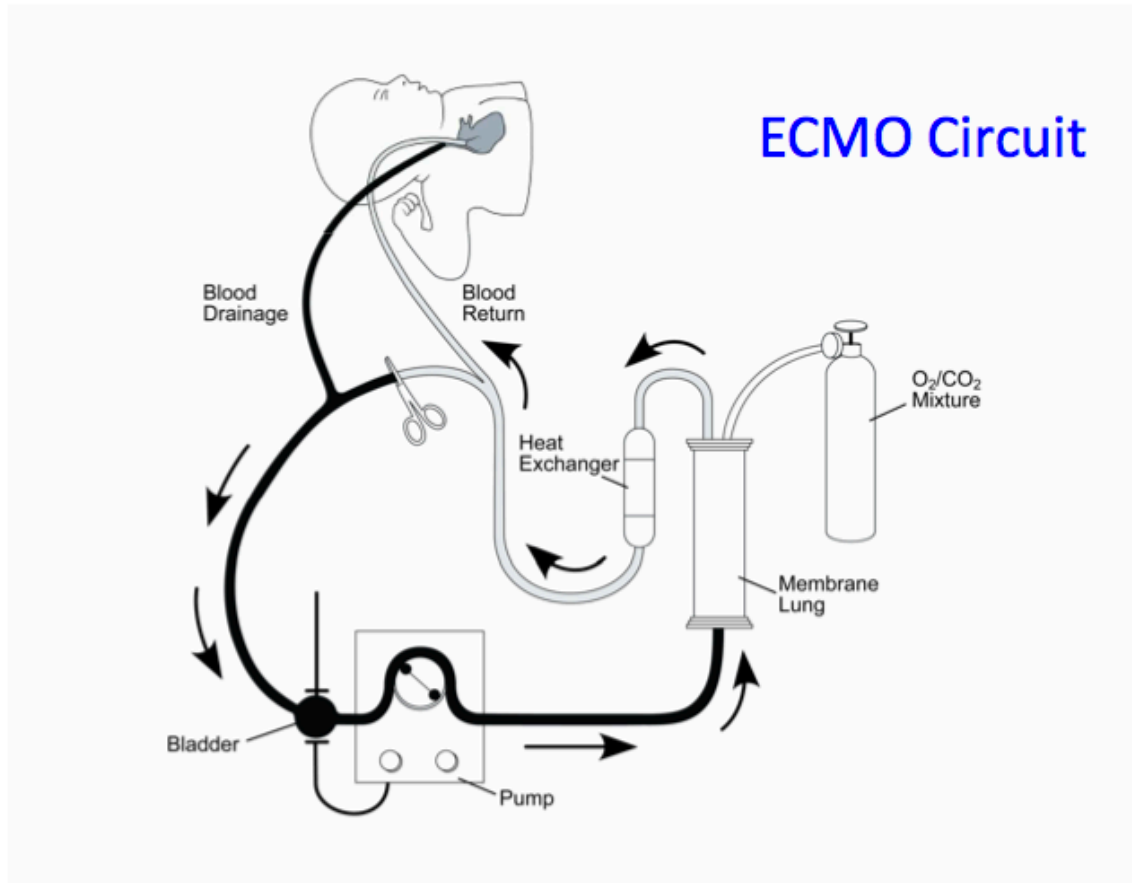
Giovanni Stellin, MD

***Paediatric and Congenital Cardiac Surgery Unit, Director
Professor of Cardiac Surgery
Department of Cardiac, Thoracic and Vascular Sciences
University of Padova, Medical School, Italy***



Extracorporeal Membrane Oxygenation

Cardiopulmonary Bypass to support function of
Heart & Lungs



ECMO Uses

- Cardio-respiratory Support Modality
- Does not Treat Primary illness
- Best suited to those:
 - Reversible Cardiac or Respiratory Illness
 - Good prognosis
 - Amenable to Heart or Lung transplantation
- Failed Conventional Therapies

ECMO Current indications

- **Cardiac ECMO**

- Primary Cardiac Disease with failure (i.e myocarditis)
- Congenital heart disease (post cardiectomy)
- Bridge to VAD/ HeartTransplant
- ECMO-CPR: as an adjunct to CPR
- Sepsis
- Cardiorespiratory support for interventional procedures (i.e PDA stenting, balloon dilation)

- **Respiratory ECMO**

- Diaphragmatic Hernia
- Meconium aspiration
- Respiratory failure from other disease (Cystic fibrosis)

ECMO for Circulatory Support

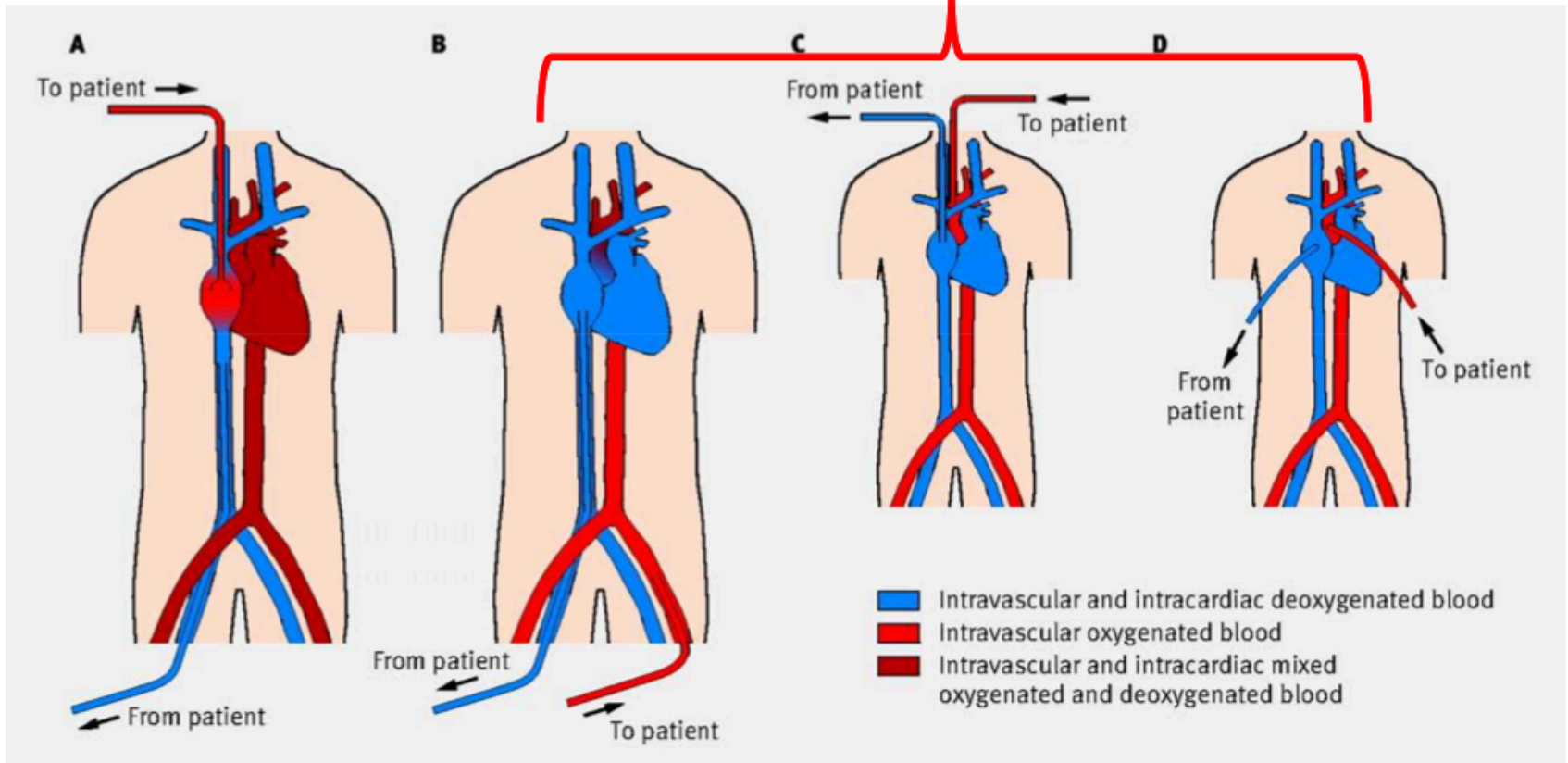
Contraindications

- Poor prognosis for Primary Disease
 - MOF
 - Irreversible or inoperable disease
- Prior neurological injury or CNS bleeding
- Prematurity < 34 WG; size < 1.8 kg
- Inaccessible vascular access (?)

VA & VV ECMO

VV -ECMO

VA ECMO



CV ECMO is mostly VA ECMO

ECMO for Circulatory Support

When to initiate VA ECMO

- Failed conventional therapy

- Optimized preload
- Reduce afterload
- Enhance myocardial contraction



- Increasing Metabolic acidosis
- Decreased Urine output
- End organ dysfunction
- Approaching CPR



Low Cardiac
Output Sdr

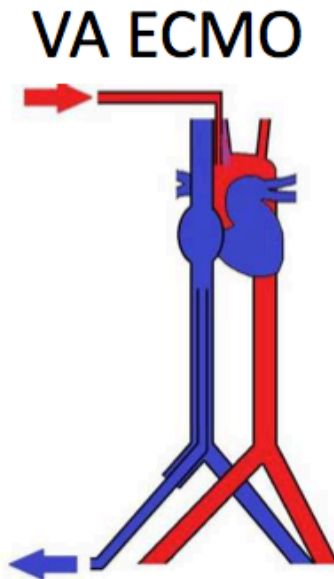
VA ECMO Physiology

Right Ventricle

- Directly Drained
- ↓↓ Preload
- ↓ Wall Stress

Left Ventricle

- Indirectly Drained
- ↓ Preload (Bronchial)
- ↑ Afterload
- ↓ Wall Stress

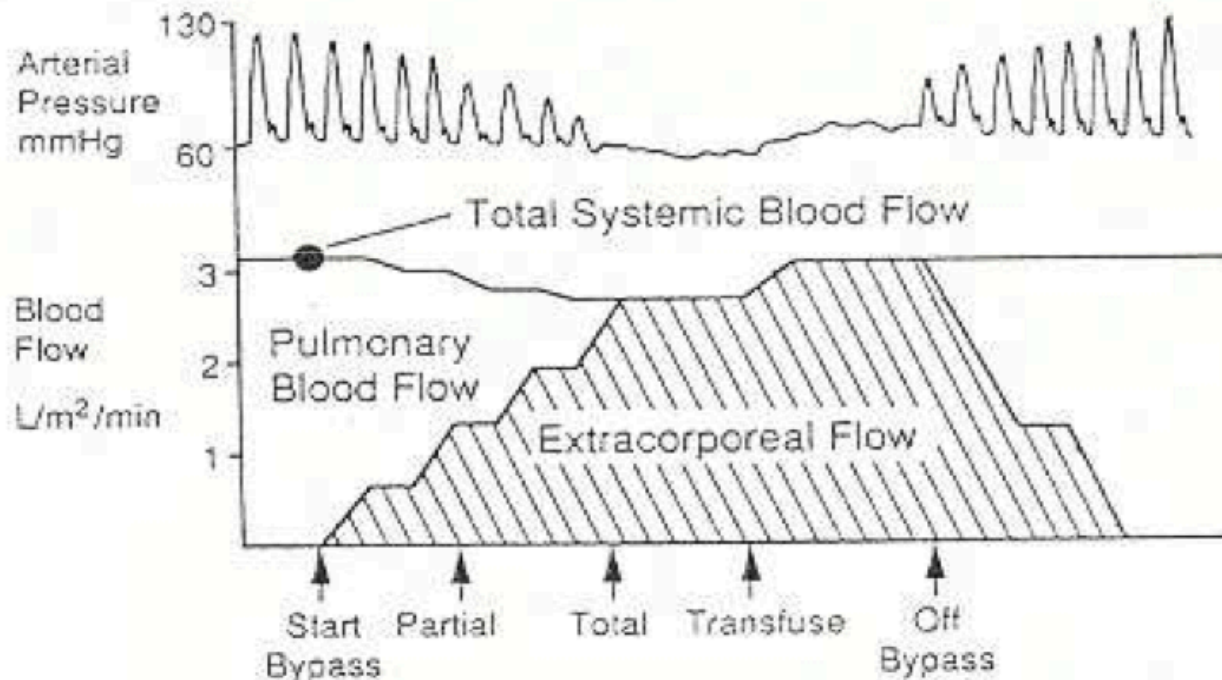


- ↑ LVEDP
- ↑ LA Pressure

- LV decompression may be required

VA ECMO Physiology

↑ ECMO Drainage results in ↓ Ejection & Pulsatile Flow

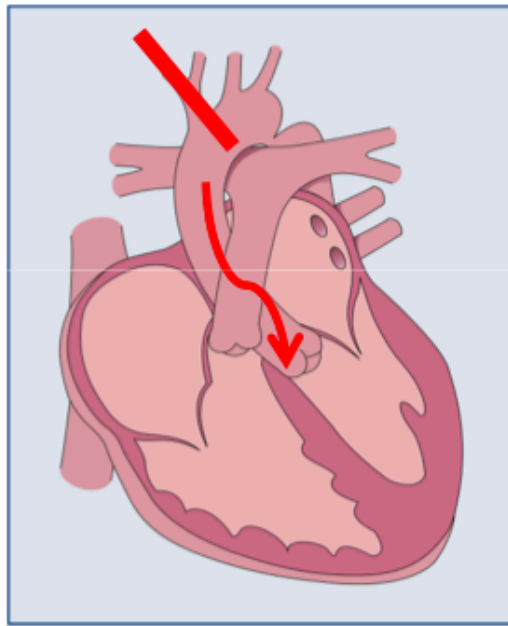


$$\text{Cardiac Output} = Q (\text{ECMO}) + Q (\text{Native Flow})$$



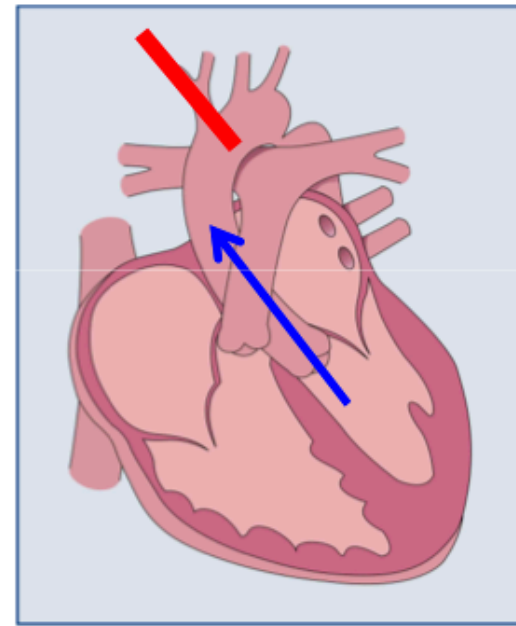
Coronary Blood Flow During ECMO

NO EJECTION FROM LV



Coronary Blood Flow is **retrograde**
Fully Saturated Blood From ECMO

LV EJECTION PRESENT



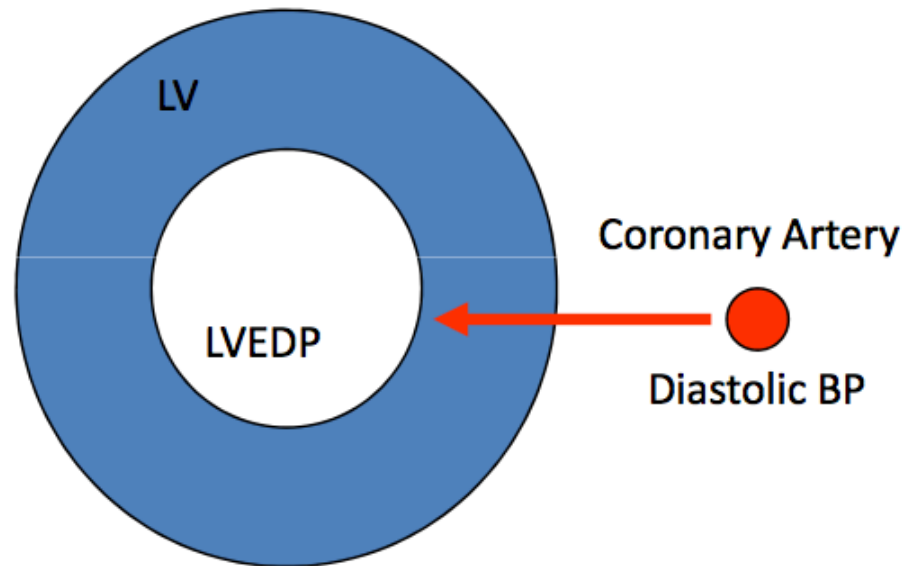
Coronary Blood is **Antegrade**
Desaturated Blood if ventilation
is not provided

Coronary Perfusion on ECMO

Myocardial Perfusion = Coronary Diastolic pressure – LVEDP

Myocardial Ischemia

- ↑ LVEDV
- ↑ After-load
- ↑ LVEDP



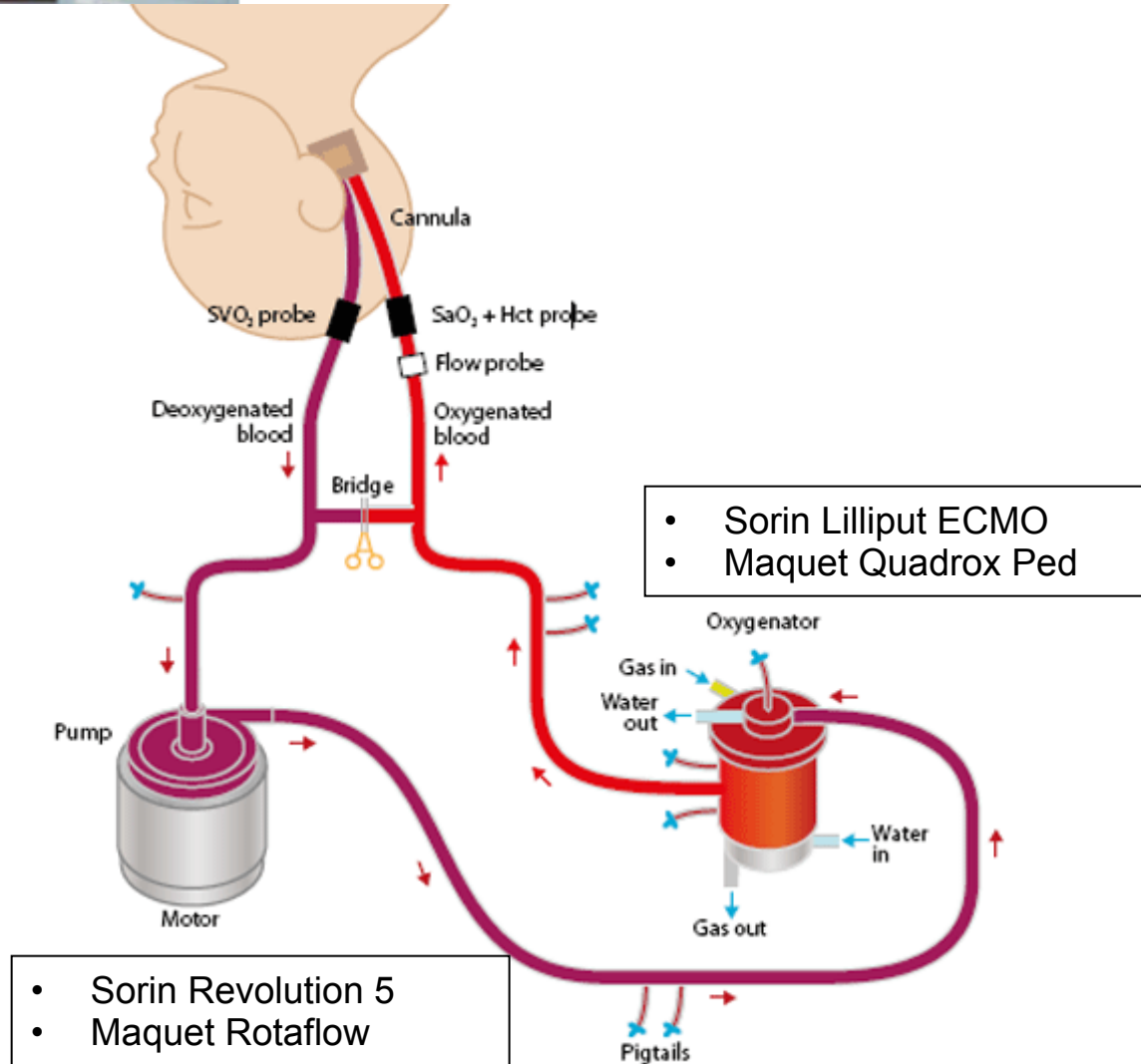
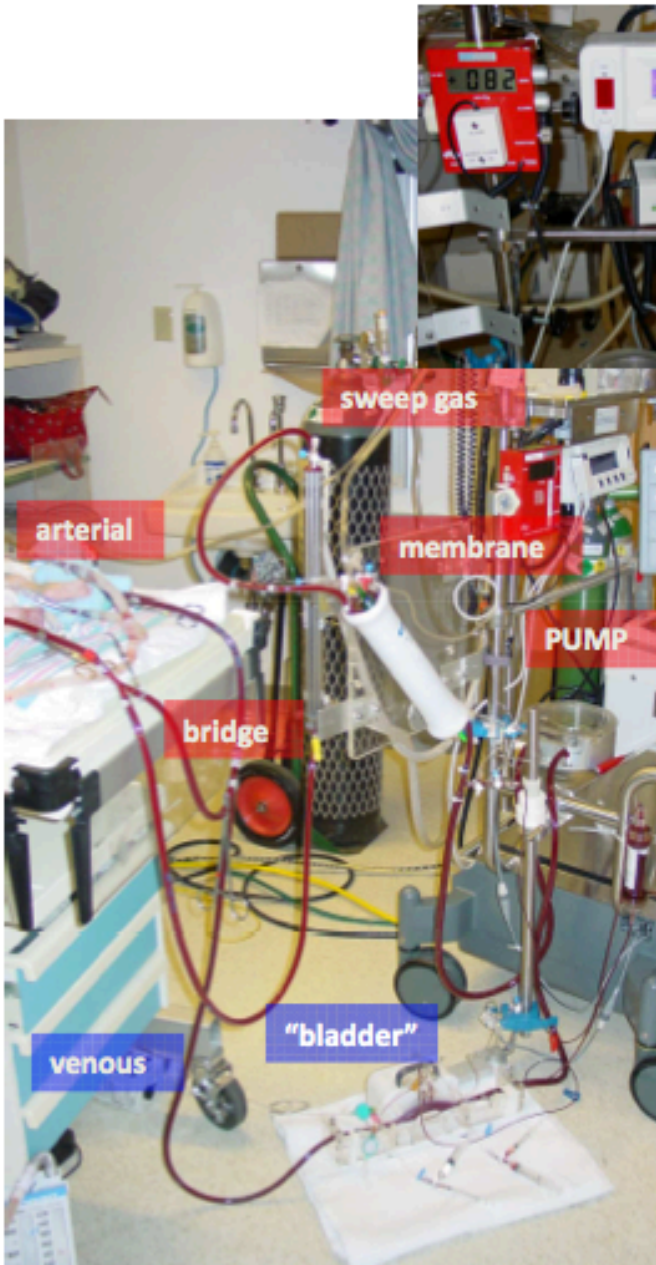
- ↓ Coronary flow May impair Myocardial Recovery

ECMO

- Cannula
- Reservoir
- Pump
- Oxygenator
- Heat Exchanger
- Monitors
- Hemofiltration



ECMO Circuit



ECMO for Circulatory Support

the first hour after VA ECMO initiation

- Is Flow adequate?
 - Physical Exam/ Pulsatile /MAP
 - Lactate/ INVOS Monitoring/ ABG Acid Base balance
 - Urine output
- Is gas exchange adequate?
- Is the patient bleeding?
- Diagnosis: ECHO/Catheter assessment?
- Limbs perfusion?
- Left heart decompression?

Patient management on VA ECMO

Pediatric care

- ECMO Flow - end organ function
- Lung rest
- Sedation \pm paralysis
- Infection prophylaxis
- HB about 10 g/dl; plt about 80.000/dl
- CNS monitoring (INVOS/Brain US)
- Nutrition (parenteral and enteral)
- Skin care and joint mobility
- Anticoagulation protocol

PADUA ECMO

ANTICOAGULATION PROTOCOL

Anticoagulation protocol
 (infusion of iv heparin 6 hours after implant, 10-15 UI/kg/hr)

Parameters	Goal of values
PTT	50-55 sec
Platlets	> 30 x10.9/L
AT III	> 80%
ACT	≈200 sec

If bleeding

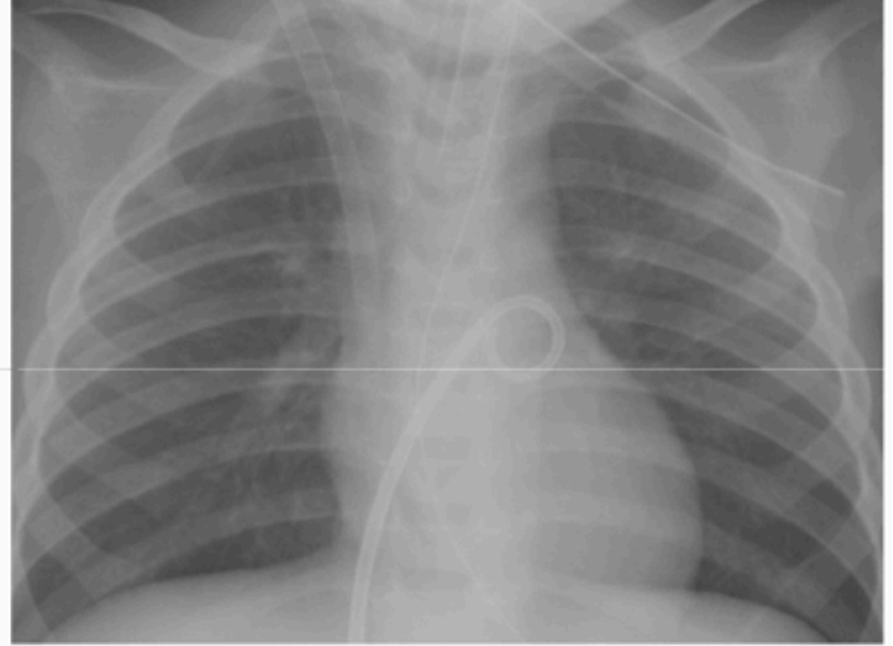
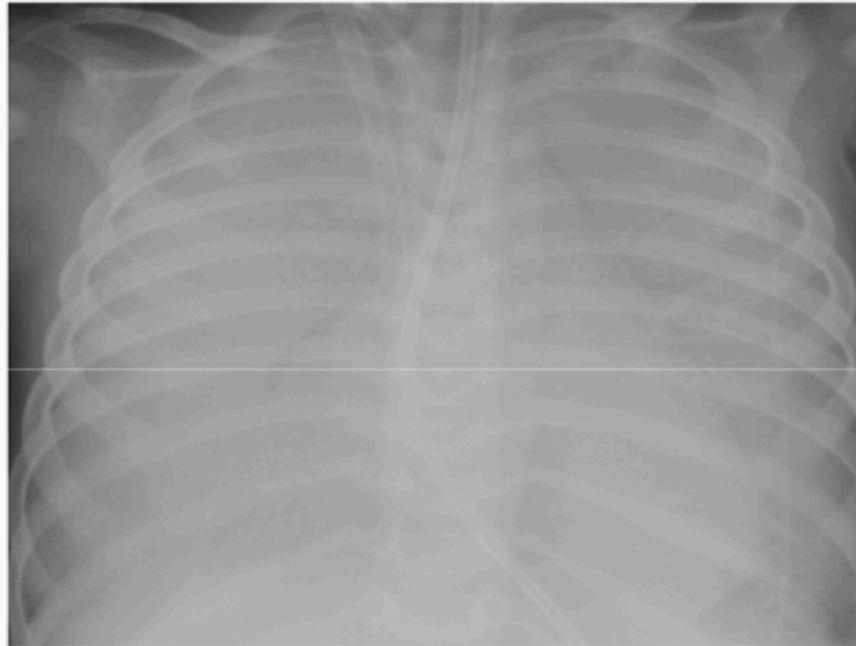


Parameters	Goal of values
PTT	40-45 sec
Platlets	Transfusion if <30 x10.9/L
AT III	> 80%
ACT	160-180 sec

Surveillance protocol

Parameters	Surveillance time	If Bleeding
PT-PTT-INR-AT III- FDP- fibrinogen	Every 6 hours/day	same
Count of platlets	Once a day	Re-control after transfusion
ROTEM/aggregometry	Once a week	On bleeding

Techniques for LV Decompression on ECMO



ECMO experience

University of Padova

- Since 1991, ECMO for neonatal and pediatric patients
- About 15-20 pediatric ECMO/year (+80 adults)
- Either Respiratory and Cardiac
- Pediatric VAD center

ECMO Hub Center
in North-Eastern Italy

Analysis of our recent experience

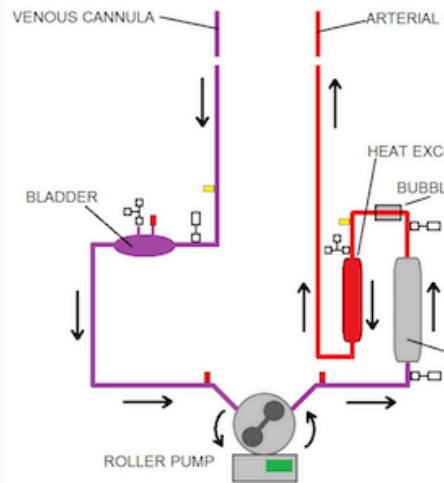
- Retrospective study
- Single center experience
- Period: January 2001-January 2014
- Approved by our Local Hospital Ethical Committee
- All patients gave consent to participate to the study

PADOVA ECMO ORGANIZATION #1

- Scheme of personnel involved:

#1 ECMO preparation and deployment	#2 post-implant ECMO management and control in ICU	#3 ECMO dismantling
Pediatric cardiac surgeon on call, ready for any emergency	ICU nurse <u>re-trained</u> annually	Pediatric cardiac surgeon on call, ready for any emergency
Perfusionist on call, ready for any emergency	Pediatric cardiac surgeon on call	Perfusionist on call, ready for any emergency
Scrub-nurse on call, ready for any emergency	Resident in hospital	Scrub-nurse, ready for any emergency
	Perfusionist on call, checking ECMO circuit every day	

PADOVA ECMO ORGANIZATION #2



Vida VL, Lo Rito M, Padalino MA, Stellin G. Extracorporeal membrane oxygenation: the simplified weaning bridge. *J Thorac Cardiovasc Surg.* 2012 Apr;143(4):e27-8. doi: 10.1016/j.jtcvs.2011.12.065. Epub 2012 Feb 14.

Results (1)

	Total	Survivors	Not-survivors	
			Not-weaned	Not-discharged
Patients	121	37 (30.5)	53 (43.8)	31 (25.6)
ECMO runs (total, n)	128	37 (28.9)	53 (41.4)	38 (29.7)
Second ECMO run (n, %)	7 (5.5)	1 (2.7)	5 (9.4)	1 (2.6)
Median ECMO run (days, IQR)	7 (4-15)	5 (4-7)	12 (4-19)	6 (3.25-11.5)
CPR-E (n, %)	49 (38.3)	13 (35.1)	21 (39.6)	15 (39.5)
PC-E (n, %)	50 (39.1)	16 (43.2)	19 (35.8)	15 (39.5)
E-E (n, %)	29 (22.6)	8 (21.6)	13 (24.5)	8 (21)
ECMO implanted close to OR (n, %)	105 (82)	28 (75.7)	47 (88.7)	30 (78.9)
Venous-Arterial ECMO (n, %)	128 (100)	37 (100)	53 (100)	38 (100)
Central cannulation (n, %)	90 (70.3)	24 (64.9)	37 (69.8)	29 (76.3)
Other pathologies (n pts, %)	7 (5.8)	3 (8.1)	4 (7.5)	0
<i>Hemolytic uremic syndrome</i>	2 (28.6)	2 (66.7)	0	0
<i>Hemophagocytic syndrome</i>	2 (28.6)	1 (33.3)	1 (25)	0
<i>Congenital nephrotic syndrome</i>	1 (14.3)	0	1 (25)	0
<i>Vasculitis</i>	1 (14.3)	0	1 (25)	0
<i>Diaphragmatic hernia</i>	1 (14.3)	0	1 (25)	0
Previous cardiac surgery (n pts, %)	77 (63.6)	23 (62.2)	36 (67.9)	18 (58.1)

Multivariate analysis results.

ECMO WEANING

VARIABLES	P	OR (95% CI)
ECMO run (days)	0.0295	1.049 (1.005-1.095)
Surgical bleeding	0.0109	3.260 (1.313-8.096)
TE* complications	0.0260	7.477 (1.271-43.970)
Hemorrhagic complications	0.0123	8.807 (1.604-48.373)

30-DAY SURVIVAL

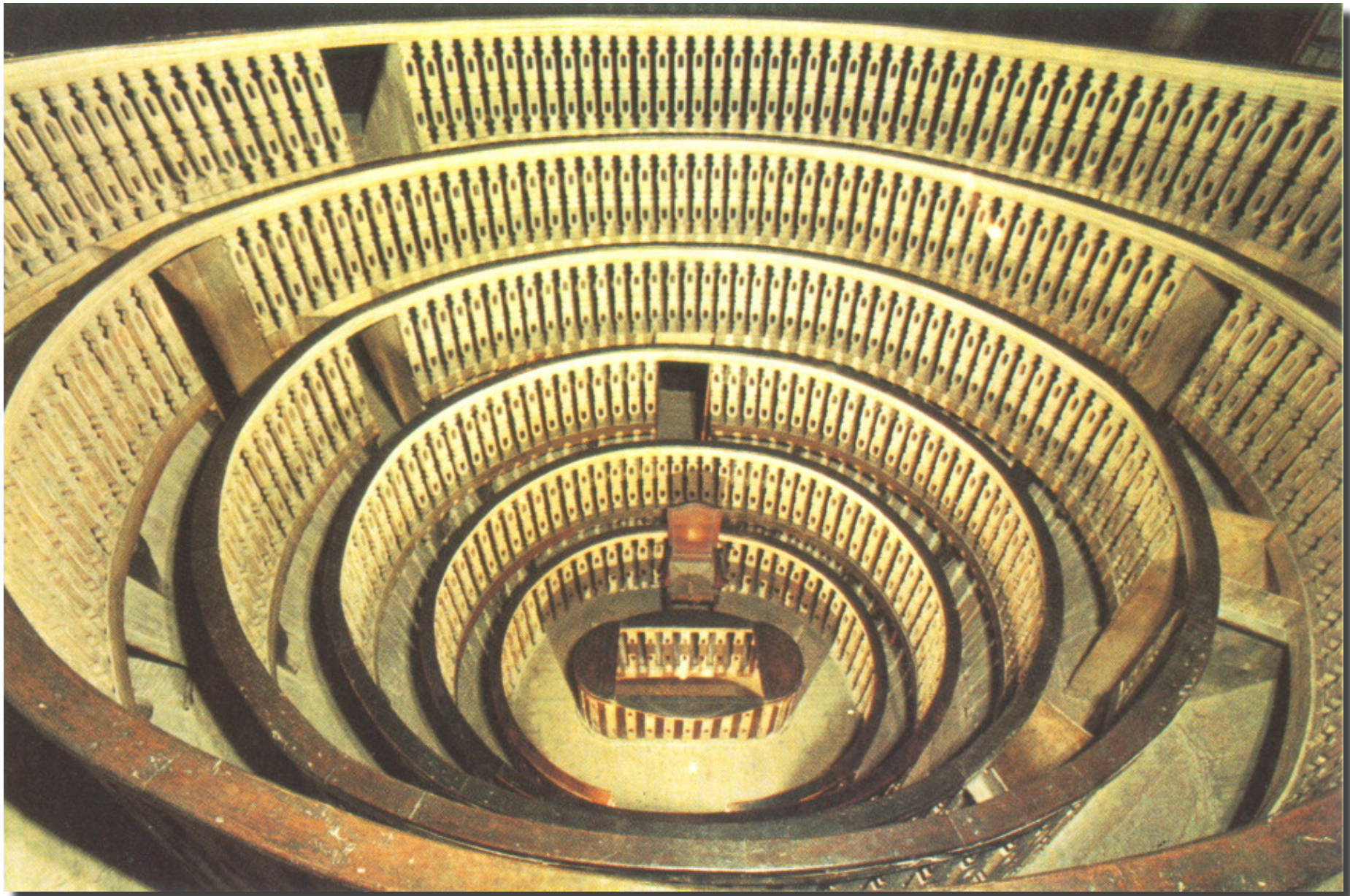
VARIABLES	P	OR (95% CI)
ECMO run (days)	0.0333	1.054 (1.004-1.106)
CVA	0.0348	3.516 (1.094-11.298)

Padova-ECMO model VS ELSO (Extracorporeal Life Support Organization) registry (either Cardiac or E-CPR) in neonatal and pediatric age groups, in the same era (January 2014)

NEONATAL	TOTAL		WEANED		P	30-Day SURVIVAL		p
	Padova ECMO	ELSO	Padova ECMO	ELSO		Padova ECMO	ELSO	
Cardiac	37 (35*)	5425	20 (54%)	3339 (61%)	0.35	10 (28.6%)	2206 (40%)	0.0923
E-CPR	10	980	3 (30%)	626 (63%)	0.046	1 (10%)	388 (39%)	0.0988
PEDIATRIC	TOTAL		WEANED		P	30-Day SURVIVAL		p
	Padova ECMO	ELSO	Padova ECMO	ELSO		Padova ECMO	ELSO	
Cardiac	39 (37*)	6874	25 (64.1%)	4443 (65%)	0.9447	15 (40.5%)	3388 (50%)	0.1775
E-CPR	42 (39*)	2071	27 (64.3%)	1123 (53%)	0.1949	13 (33.3%)	840 (40%)	0.2090

CONCLUSIONS

- In modern medicine, ECMO has become a fundamental but expensive rescue tool
- Our experience with an ECMO support with no dedicated ECMO team is satisfactory
- Outcomes in terms of Weaning and Survival are comparable to ELSO in the pediatric age.
- Neonatal Cardiac ECMO and E-CPR still have worse results.



“Il Bo” - The Anatomy Theatre of Girolamo Fabrici d'Acquapendente



“Il Bo”




The Anatomy Theatre of
Girolamo Fabrici d'Acquapendente

COST ANALYSIS

Three phases of ECMO run:

WT. Mahle, Simsic, MD, KR membran	COSTS WITHOUT ECMO TEAM		ado, MD, JM. extracorporeal <i>2005 May;</i>
		Circuit cost	
		Costs ECMO deployment	
Hospit		Costs ECMO management (7 days)	ECMO (29)
		Costs ECMO dismantling	
Perso (surg perfu nurse			olved crub-
		€ 24.760,45 /ECMO	
		€ 3.169.337,60/129 ECMO	

Summary of VA ECMO Physiology

-  Preload
-  Contractility
-  Afterload
 - LA Hypertension and Pulmonary Edema
- Myocardial Ischemia
 - Increased LV EDP
- Coronary Blood Flow may be desaturated if LV ejection and ventilation is inadequate